

# MONTHLY NEWSLETTER - DECEMBER 2022

Fellow

@imaginesd33

Imagine High is situated on the ancestral and unceded, shared territory of the Ts'elxwéyeqw, Semath and Pilalt Tribes. We are honoured to live, learn, work and play on this land.

#### **ROCKBAND AT IMAGINE**



Our musicians worked hard at lunch and before school for about two months leading up to the first Rock Concert of the year at Imagine High. The end result was a huge success! Our audience members were full of energy which fueled the amazing performances that followed. All of the student musicians were so proud of the work they did and they cannot wait to get back on stage soon!

A big thank you to Mr.Wylie and Mr.Slykhuis for this awesome extra curricular opportunity!

# INDIGENIZING CURRICULUM

Students at imagine High had the opportunity to connect with their peers across the Fraser Valley at the Indigenous Youth Leadership Conference held at Newlands Golf & Country Club last month. It was a great opportunity for them to build new friendships, engage in cultural activities including métis spoons, beaded poppies, drumming & singing, archery, and more. Special guest speakers Samantha Jack, an Indigenous support services worker from Nuu-Chah-Nutlh and Yale nations, and Madelaine, dancer, motivational speaker, facilitator, and MC from Ile a la Crosse, Saskatchewan hosted the conference. It was an enriching experience for all of us as educators also took part in workshops to learn new skills to bring into the classroom.

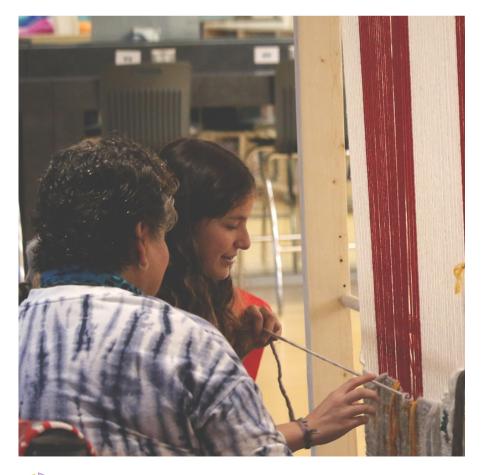
Artist in residence, Freida George will be teaching our textiles students how to make their own weavings before she leaves in December. Our school community has been blessed to have such an inspiring presence. We are looking forward to a celebration lunch to close out our time with Mrs. George before the Winter Break. The new year will bring new and exciting opportunities for our students to work with more talented specialists in the Indigenous community!

## **KEEPING IN TOUCH**

- For key family information(Calendar, School Information, No Bell Schedule, Etc), please visit our website <u>imagine.sd33.bc.ca</u>
- Follow Imagine on facebook, twitter, youtube, and instagram @imaginesd33
- Email <u>iss-alloffice@sd33.bc.ca</u> for any information you need

#### **IMAGINE PAC**

- If you are interested in being part of the Parent Advisory Council at Imagine High, please email: <u>iss-pac@sd33.bc.ca</u>
- PAC meetings and information will also be posted at:https://imagine.sd33.bc.ca/imaginepac





INDIGENOUS EDUCATION ENHACEMENT TEACHER: DONNA'LEE IRWIN Syós:ys lets'e th'ále, lets'emó:t (One heart, one mind, working together for a common purpose.)

# TRAIL BUILDING

Many of us love getting out on the beautiful hiking trails here in Chilliwack, but have you ever had the chance to help build those trails? That's exactly what 19 students here at Imagine High got to do on November 17.

Partnering with the Chilliwack Park Society and Kw'íyeqel Secondary School, the Imagine team spent the day on Vedder Mountain. We cleared brush, "benched" out trails in the hillside, and tamped down dirt to smooth out the path.

The students showed perseverance as they climbed the mountain side, navigating through thick brush which they then had to clear away. They collaborated in teams, sharing tools and working together as some cleared brush, while others clip branches, and still others pulled out roots or tamped down the dirt.

By the end of the day, we managed to clear a large section of path, winding up into the forest of Vedder Mountain. Much like the Lexw Qwom Park at the Community Forest, the Qoqo:lem trail network will be a new, multi-use trail system that will help more people access this beautiful part of Chilliwack. How exciting not just to enjoy nature here in Chilliwack, but also to be a part of helping others access it.





#### INCLUSION AT IMAGINE: SUPPORTING SELF ADVOCACY IN SCHOOLS

Studies have shown that highly successful adults with diverse needs identify the ability to self-advocate as a contributing factor to success. Students need to be able to advocate effectively for themselves and they need to learn strategies for problem solving and goal setting, become aware of their strengths and areas of need, and take responsibility for self-advocacy. They require frequent opportunities to practise these skills in a positive, supportive environment.

In Imagine teachers, students, and parents are engage in the collaborative process of building self-advocacy skills to help students succeed.

The following practices are used when supporting self-advocacy in students with diverse needs:

- Involving students in planning and decision making about their education and well-being
- Involving students in student-centered planning and in implementing Individual Education Plans
- Encouraging students to participate in self-assessment, developing reflective skills, and take increasing responsibility for learning
- Helping students understand their strengths and needs
- Providing opportunities to learn how they learn best
- Helping students learn to describe their thoughts by modeling and encouraging students to talk about what they are thinking and rephrasing ideas to clarify learning strengths and needs.
- Analyzing and explaining the results of assessments so students can recognize their abilities and are of needs.



- SONJA WYKPIS LA/ELL
- JENNIFER ANGLEHART RT
- IZABELA SZCZUR LA/RT
- KIANA OLAFSON TEACHER COUNSELLOR

#### **IMAGINE ATHLETICS**

**Basketball season** has started and any students that might still be interested in playing for the girls or boys team should speak with Mr. Slykhuis or Ms. Low for more information.

The girls team is travelling for an exhibition game against the combined Agassiz/Hope squad on December 8th.





ATHLETICS DIRECTOR: KRISTEN LOW

## ACTING FOR FILM WORKSHOP

Students had the opportunity to learn from Alexandra Wallis this month for a Saturday workshop: Acting for Film. They wrapped up the day recording at Cowork Chilliwack.

Thanks to the Chilliwack Independent Film Festival for this unique partnership!





#### LIBRARY LEARNING COMMONS

The Library has been undergoing a bit of a makeover this month! We have a number of Pride flags around the space which have been a big hit with our students, as they have been seen entering the library and finding the flag they most identify with. We have also been adding tons of Literature Circle and Book Club book sets to encourage book discussions around the school, both in and out of class. The final addition was to start working on our Non Fiction section to make it more accessible and user friendly. Our first Pizza and Pages meeting was a big success as well, with the group of students coming back together in the last week of November to discuss their books over a delicious spread of pizza! Looking forward to another month as we approach the Holiday Season in December!

If you are ever looking to browse our catalogue or make any holds on books from home all you need to do is <u>login to our school's Destiny page with your school</u> <u>credentials</u> and you're on your way!



#### CHILLIWACK YOUTH HEALTH CENTER (CYHC)

Is your child looking to access counselling or medical services in Chilliwack? The Chilliwack Youth Health Centre (CYHC) offers virtual and face-to-face counselling and medical services for youth. The services are free, confidential, and open to all youth aged 12 to 26. This is a great place to start if your child is looking to try out counselling for the first time. They have a variety of counsellors, and they provide youth with the opportunity to connect with different counsellors on their visits in hopes of finding the right fit. The drop-in model is also helpful for those looking to avoid waitlists.The CYHC has two locations (Neighborhood Learning Centre and Stó:lō Wellness Centre). The hours of service are as follows:

Neighborhood Learning Centre (46361 Yale Road):

- Counselling Services: Tuesdays, Wednesdays, and Thursdays: 1:00- 5:30pm
- Medical Services: Tuesdays: 2:00-4:00pm , Wednesdays: 1:00-5:00pm

Stó:lō Wellness Centre (7201 Vedder Road – Building #7)

- Counselling Services: Thursdays: 2:00-5:30pm
- Medical Services: Thursdays: 2:00-4:30pm (by appointment only)

For more information, their website can be found at https://chilliwackyhc.com/.

TEACHER COUNSELLOR: KIANA OLAFSON

#### **LOOKING AHEAD:** Important Dates

**December 6 & 7** - The Upper Fraser Valley Zone Drama Festival open to families at 6:45 each night(\$5 at the door with proceeds going towards a scholarship in Ethan Flemming's name)

**December 15 -** Car Art Submissions Due to Welcome Center

**December 16** - I Reports to families, last day before Christmas break, Pancake Breakfast





